SAN DIEGO MESA COLLEGE

Counseling

619-388-2672 | sdmesa.edu/student-support/counseling-services

AA/AS GE 2026 - 2027

Associate of Arts and Associate of Science Degree General Education (GE) & District Requirements

Students planning to transfer should see a counselor about other Liberal Arts and Sciences or Associate in Arts (AA-T) or Science (AS-T) degree GE options

ELIGIBILITY FOR GRADUATION

Note: Students who are following a different catalog year should refer to previous catalogs for graduation requirements and approved courses

1. Complete a minimum of 60 semester units (90 quarter units) of degree-applicable lower division credit courses.
2. Complete all units required for the major/area of emphasis (a minimum of 18 semester units of course work are required; however, many majors require more than 18 units – consult the catalog for specific major course requirements and any recency limitations).
3. Complete at least 12 semester units (18 quarter units) in residence within the San Diego Community College District.
4. Complete a minimum of 21 units of AA/AS General Education (GE) Requirements courses, with a minimum of one course in each area.
5. Complete/satisfy District Requirements courses in addition to AA/AS GE Requirements or see a counselor about other GE options.
6. Achieve a cumulative grade point average of at least 2.0 ("C" average) in the curriculum upon which the degree is based. A grade of "C" or better must be earned in courses required for the major and GE Areas 1A, 1B, and 2; up to 12 units of "P" (pass) grades count for degree.

KEY	C = Completed; IP = In progress; R = Remaining * Courses fulfill more than one GE requirement, but may not be counted in more than one GE area ^ Courses fulfill the District Multicultural Studies requirement, and may be applied to the 21 GE units required @ Courses affected by Common Course Numbering effective Fall 2026. Do not duplicate Courses not taught at Mesa are available at City (C) or Miramar (MMR)

GENERAL EDUCATION (GE) REQUIREMENTS

1. ENGLISH COMPOSITION, ORAL COMMUNICATION, and CRITICAL THINKING: Complete a minimum of 6 semester units, or 8 quarter units, by selecting one course from Area 1A and one course from Area 1B (grade of "C" or better in each area is required)

C | IP | R

1A. **ENGLISH COMPOSITION: English** ENGL C1000 (ENGL 101), 105

Course(s) from other college: _____ AP _____

C | IP | R

1B. **ORAL COMMUNICATION and CRITICAL THINKING: Communication Studies** COMM C1000 (COMS 103), 135, 160, 170, 180; **English** ENGL C1001 (ENGL 205); **Geography** 205; **History** 205**; Philosophy** 100, 205

Course(s) from other college: _____

2. MATHEMATICAL CONCEPTS and QUANTITATIVE REASONING: Complete a minimum of 3 semester units, or 4 quarter units, by selecting one course from Area 2 (grade of "C" or better in this area is required)

C | IP | R

Banking and Finance 103 (MMR); **Biology** 200; **Business** 101, 115; **Chemistry** 251; **Computer and Information Sciences** 150, 181, 187, 190, 192, 201, 205 (C), 246; **Economics** ECON C2001@(ECON 121)*, ECON C2002@ (ECON 120)*; **Engineering** 151, 200, 240, 250, 260; **Geographic Information Systems** 104; **Manufacturing Engineering Tech** 210 (C), 220 (C); **Philosophy** 101; **Physics** 125, 126, 180A, 180B, 195, 196, 197; **Political Science** 201; **Psychology** 258; **Mathematics** 92 (City Apprenticeship Students [CAS] Only), 96 (CAS Only), 98 (CAS Only; C), 104, 107 (C), 107L (C) , 109 (C), 111, 115 (C), 116, 118, 119 (see Statistics), 121, 122, 141, 150, 151, 210A, 210B, 215, 245, 252, 254, 255; **Statistics** STAT C1000 (MATH 119)

Course(s) from other college: _____AP/IB _____

3. ARTS and HUMANITIES: Complete a minimum of 3 semester units, or 4 quarter units, by selecting one course from Area 3

C | IP | R

Asian American Pacific Islander Studies 124^*; **American Sign Language/Interpreting** 120, 121, 150*, 220, 221; **Arabic** 101 (C), 102 (C), 201A (C); **Architecture** 126, 127; **Art - Fine Art** 100, 106, 107, 108*, 109, (110 & 111 - see Art History), 113^, 115^, 120^, 125, 130, 188, 191, 194, 212 (C); **Art - Art History** ARTH C1100@ (ARTF 110), ARTH C1200@ (ARTF 111); **Black Studies** 110^, 111^, 120^, 150^, 155^; **Chicana and Chicano Studies** 130, 135^, 138, 190^, 210^*, 230, 250^; **Chinese** 101, 102, 201, 202; **Dance** 181; **Digital Film Production** 101 (MMR), 102 (MMR)**; Dramatic Arts** 105, 107, 108, 109^, 111 (C), 136, 137, 150, 151, 205; **Art - Graphic Design** 104 (C); **English** 207, ENGL C1002@ (ENGL 208), 209, 210, 211, 215, 216, 220, 221, 230^, 234^, 237, 238 (C), 240; **Fashion** 120, 122^; **Film, Journalism, and Media Production** 100 (C); **French** 101, 102, 201, 202; **German** 101, 102, 201; **History** 100*, 101*, 105*, 106*, 120^*,121^*, 131*, 132*; **Humanities** 101, 102, 103, 104, 106, 118, 119, 201, 202 (C), 205, 210; **Interior Design** 125^; **Italian** 101, 102, 201; **Japanese** 101, 102, 201, 202; **Multimedia** 116; **Music** 100, 103, 109^, 111, 114, 117, 118, 119, 125, 126, 131, 138; **Native American and Indigenous Studies** 200^; **Philosophy** 102A, 102B, 103, 104A, 104B, 105, 106, 107, 108*, 110, 111, 112, 125^*, 126*, 130, 131; **Photography** 150 (C); **Russian** 101, 102, 201; **Spanish** 101, 102, 201, 202, 215, 216, 221, 222*; **Tagalog** 101 (MMR); 102 (MMR), 201 (MMR); **Vietnamese** 101, 102, 201

Course(s) from other college: _____AP/IB _____

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4. SOCIAL and BEHAVIORAL SCIENCES: Complete a minimum of 3 semester units, or 4 quarter units, by selecting one course from Area 4

C | IP | R

Asian American Pacific Islander Studies 103^, 124*^, 125^*, 127^, 130^*; **Administration of Justice** 101 (C,MMR), 106^ (MMR), 230 (MMR); **Agriculture** 100 (C); **American Sign Language/Interpreting** 150^*; **Anthropology** 103^, 106 (C), 107, 110, 117, 140, 205, 210^, 215; **Art - Fine Art** 108*; **Black Studies** 100^*, 104^, 115^ (C), 116^, 125^, 130^, 135^ (C), 140A^*, 140B^*, 145A^, 145B^, 165, 175; **Business** 100, 140; **Chicana and Chicano Studies** 110A^*, 110B^*, 140^, 141A^, 141B^, 150, 155^, 170, 201, 210^*; **Child Development** 101, 103 (MMR), 141^; **Communication Studies** 201 (C,MMR); **Conflict Resolution** 101 (C); **Disability Studies** 101 (C); **Economics** ECON C2001@ (ECON 121)*, ECON C2002@ (ECON 120)*, 220; **English** 202^; **Filipino Studies** 100^; **Film, Journalism, and Media Production** 101 (C); **Gender Studies** 101^ (C,MMR); **Geography** 102^, 104, 135, 154; **Health Education** 103, 104; **History** 100*, 101*, 105*, 106*, HIST C1001@ (HIST 109), HIST C1002@ (HIST 110), 115A^, 115B^, 120^*, 121^*, 123^, 130^, 131*, 132*, 135, 141, 142, 150^, 151^, 154, 175; **Human Services** 101 (C); **Journalism** 202; **Native American and Indigenous Studies** 100^, 150^; **Nutrition** 153^; **Public Administration** 110, 200 (C,MMR); **Peace Studies** 101 (C); **Philosophy** 108*, 109, 125^*, 126*; **Political Science** 101, POLS C1000 (POLI 102), 103^, 121^, 123, 124, 140^; **Psychology** PSYC C1000 (PSYC 101), 111, 112, 121, 123 (MMR), 133, 135, 137, 155, 166, 211, 230, 245, 283; **Sociology** 101^, 110^, 125^, 145, 150^, 201, 207^, 220, 223^; **Spanish** 222*; **Sustainability** 101; **Women's Studies** 101^

Course(s) from other college: _____ AP/IB _____

5. NATURAL SCIENCES: Complete a minimum of 3 semester units, or 4 quarter units, by selecting one course from Area 5

C | IP | R

Agriculture 107 (C), 125 (C); **Anthropology** 102, 104; **Astronomy** 101, 102, 109, 111; **Aviation** 115 (MMR); **Biology** 100 (w/lab), 101 (w/lab; C, MMR), 107 (w/lab), 110, 111 (C), 115 (w/lab), 120, 130, 131 (MMR), 135 (MMR), 160 (w/lab), 180, 205 (w/lab), 210A (w/lab), 210B (w/lab), 215 (w/lab), 230 (w/lab), 235 (w/lab), 250 (w/lab); **Chemistry** 100, 100L, 103 (w/lab), 111, 111L, 130, 130L, 152, 152L, 160, 200, 200L, 201, 201L, 231, 231L, 233, 233L, 251; **Geography** 101, 101L; **Geology** 100, 101, 104, 111 (w/lab), 120, 130 (w/lab); **Medical Assisting** 55; **Nutrition** 150, 155; **Oceanography** 101; **Physical Science** 100, 101, 105, 114; **Physics** 100 (w/lab), 125, 126, 180A, 180B, 181A, 181B, 195, 196, 197; **Psychology** 260, 260L

Course(s) from other college: _____ AP/IB _____

6. ETHNIC STUDIES: Complete a minimum of 3 semester units, or 4 quarter units, by selecting one course from Area 6

C | IP | R

Asian American Pacific Islander Studies 124^*, 125^*, 130^*; **Black Studies** 100^*, 140A^*, 140B^*; **Chicana and Chicano Studies** 110A^*, 110B^*

Course(s) from other college: _____

DISTRICT REQUIREMENTS

Courses used to fulfill this section may be used to fulfill GE Requirements as well

AMERICAN INSTITUTIONS: Select any combination of two courses that will cover Areas US-1, US-2, and US-3

C | IP | R

US-1. Black Studies 140A^*, 140B^*; **Chicana and Chicano Studies** 141A^, 141B^**; History** HIST C1001@ (HIST 109), HIST C1002@ (HIST 110), 115A^, 115B^, 123^, 141, 142, 150^, 151^; **Political Science** 121^

Course(s) from other college: _____ AP/IB _____

C | IP | R

US-2. Black Studies 140A^*; **Chicana and Chicano Studies** 141A^**; History** HIST C1001@ (HIST 109), 115A^, 141, 150^; **Political Science** POLS C1000 (POLI 102), 121^

Course(s) from other college: _____ AP/IB _____

US-3. Black Studies 140B^*; **Chicana and Chicano Studies** 141B^**; History** HIST C1002@ (HIST 110), 115B^, 123^, 142, 151^, 175^; **Political Science** POLS C1000 (POLI 102)

Course(s) from other college: _____

NOTE: Students who have completed the American Institutions requirement except for the California government portion must complete one course approved in Area US - 3 (AP US History - 3 or higher will clear Area US - 1 only; AP US Government & Politics - 3 or higher will clear Area US - 2 only).

C | IP | R

HEALTH EDUCATION: Complete the **Health Education** 101 course or see note for exceptions

Course(s) from other college/exception: _____

NOTE: Military credit in the form of 2 units of college credit may be awarded to U.S. Veterans and active duty U.S. military personnel with 6 months of continuous service to fulfill this requirement. Submit a copy of Form DD-214 or 295 or Joint Services (JST) or CCAF transcripts to the Records Office. This requirement is also waived for students who earn degrees in Nursing Education and Physical Therapist Assistant, or are graduates of a certified paramedic training program.

C | IP | R

C | IP | R

EXERCISE SCIENCE ACTIVITY (formerly Physical Education): Complete two activity courses numbered below **Physical Education** 240 or **Exercise Science** 229 or any **Dance** courses except for **Dance** 181, 183, & 253. **Administration of Justice*** 127A-D, 128A-D, 260, 323A, 381, & 382; **Fire Academy*** 100D & 100F; **Fire Protection Technology*** 150A, 150B, 380W, & 381F; and **Lifeguarding*** 101 & 301 are also acceptable (*MMR)

Course(s) from other college/exception: _____

NOTE: U.S. Veterans and active duty U.S. military personnel with 6 months of continuous service, as well as those who completed basic training, may be granted 1 unit of college credit (0.5 units EXSC 140A and 0.5 units EXSC 140B). Other options are available for students with physical limitations. This requirement is also waived for students with accredited Fire Fighter I certification or graduates of a POST Commission certified regional law enforcement academy.

C | IP | R

MULTICULTURAL STUDIES: Complete one GE course marked with a caret (^) symbol

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