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<http://www.ascd.org/publications/books/108008/chapters/Describing-the-Habits-of-Mind.aspx>

<http://www.habitsofmind.org/sites/default/files/Habits%20of%20Mind%20in%20the%20Curriculum.pdf>

## THE HABITS OF MIND

(Costa and Kallick)

 <b>Persistence</b> <i>Stick to it!</i> Persevering in task through to completion; remaining focussed. Looking for ways to reach your goal when stuck. Not giving up.	 <b>Remaining Open to Continuous Learning</b> <i>Learn from experiences!</i> Having humility and pride when admitting we don't know; resisting complacency.
 <b>Striving for Accuracy</b> <i>Check it again!</i> Always doing your best. Setting high standards. Checking and finding ways to improve constantly.	 <b>Responding With Wonderment and Awe</b> <i>Have fun figuring it out!</i> Finding the world awesome, mysterious and being intrigued with phenomena and beauty. Being passionate.
 <b>Thinking and Communicating with Clarity and Precision</b> <i>Be clear!</i> Striving for accurate communication in both written and oral form; avoiding over generalizations, distortions, deletions and exaggerations.	 <b>Finding Humour</b> <i>Laugh a little!</i> Finding the whimsical, incongruous and unexpected. Being able to laugh at oneself.
 <b>Thinking Flexibly</b> <i>Look at it another way!</i> Being able to change perspectives, generate alternatives, consider options.	 <b>Taking Responsible Risks</b> <i>Venture out!</i> Being adventuresome; living on the edge of one's competence. Try new things constantly.
 <b>Questioning and Posing Problems</b> <i>How do you know!</i> Having a questioning attitude; knowing what data are needed and developing questioning strategies to produce those data. Finding problems to solve.	 <b>Managing Impulsivity</b> <i>Take your Time!</i> Thinking before acting; remaining calm, thoughtful and deliberative.
 <b>Creating, Imagining &amp; Innovating</b> <i>Try a different way!</i> Generating new and novel ideas, fluency, originality.	 <b>Listening with Empathy and Understanding</b> <i>Understanding others!</i> Devoting mental energy to another person's thoughts and ideas; make an effort to perceive another's point of view and emotions.
 <b>Thinking about your Thinking: Metacognition</b> <i>Know your knowing!</i> Being aware of your own thoughts, strategies, feelings and actions and their effects on others.	 <b>Thinking Interdependently</b> <i>Work together!</i> Being able to work in and learn from others in reciprocal situations. Team work.
 <b>Applying Past Knowledge</b> <i>Use what you Learn!</i> Accessing prior knowledge; transferring knowledge beyond the situation in which it was learned.	
 <b>Gathering Data Through All Senses</b> <i>Use your natural pathways!</i> Pay attention to the world around you Gather data through all the senses. Taste, touch, smell, hearing and sight.	