



Hello Mesa College Community,

*Weekly Updates from Prez Hands* provide a brief overview of the exciting efforts taking place within our community. The updates are also a great way to tell our collective story of success, and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

### **Office of the President Updates**

President Hands joined Chancellor Cortez and Jack Beresford at meetings with the following elected officials: Senate Pro Tem Toni Atkins (with Field Rep Diana Lara and Principal Consultant Andrew Medina) and Councilmember Raul Campillo.

President Hands recently attended the SD Regional Chamber of Commerce - 2022 LEAD SAN DIEGO VISIONARY AWARDS and the #RealCollege Virtual Policy Summit.

### **Campus Events**

The Mesa Student Affairs Office is promoting their Club Rush event, which is being held this Tuesday, Wednesday, and Thursday, from 11:00am to 1:00pm each day. Students are eligible to receive \$100 through their student portal by visiting booths. More information about the Inter-Club Council can be found [here](#).

The New Mesa Pride Center, in conjunction with The Stand, is hosting a Rainbow Eat 'N' Greet today, from 12:00pm to 2:00pm. Attendees can join in on the fun games, connect with the local LGBTQ+ community, and score some free food! The event will be held in the Student Services Building in the AVANZA Center, room I4-202. The event flyer can be viewed on the campus Instagram page at: <https://www.instagram.com/p/CiNyWc1JdEc/>.

### **Office of Instruction Updates**

Dr. Isabel O'Connor, Vice President of Instruction at San Diego Mesa College, has been appointed as a CIO representative on The Common Course Numbering Task Force. The Task Force is charged with working collaboratively across the California Community Colleges and its key stakeholders, to develop an implementation plan for fulfilling the AB-1111 mandate, to ensure that general education and transfer pathway courses across all community colleges have the same course number through a student-facing common course numbering system.

Last week, Mesa College collaborated with the San Diego County Office of Education to host the regional portion of *Arts Empower: San Diego Mega Conference*. This annual event attracts educators, administrators, and advocates from K-12 and community colleges, in all aspects of arts education. The theme for this year's conference was "Common Unity: Working Toward Equity Together", and the sessions focused on inspiring effective, relevant, and engaging student learning practices. Mesa Faculty and Classified Professionals presented workshops, panels, and walking tours that showcased the multitude of fine and performing arts programs on the Mesa campus.

### **Student Services Updates**

The Pride Center hosted a Canva 101 Workshop on Monday. The workshop assisted students in building their skill sets in Canva by learning how to create custom graphics. The flyer from the event can be viewed on their official Instagram page here: <https://www.instagram.com/p/CiLQ1Y1PxaO/>.

The Rising Scholars has been hosting a bi-weekly lunch at 72Fifty for Rising Scholars students to dine with the Rising Scholars team.

The Stand – Dr. Pamela T. Luster Resource Center, will be hosting their Expressive Art Sessions- HeART Circles, on Friday from 10:00am to 12:00pm. These bi-weekly restorative circles and expressive art sessions are designed to support students mental health needs and build a supportive community on campus. The flyer can be viewed on their Instagram page here: <https://www.instagram.com/p/CiTm449pyX9/>.

Student Success and Equity, Outreach, and Work Based Learning offered a Mesa College Programs and Resources Information Session in Spanish on Monday. This event was held as part of LatinX Heritage Month, and the flyer can be viewed here: <https://www.instagram.com/p/CisiS-luQAU/>.

The San Diego Mesa College Borderless Scholars and Jewish Family Service of San Diego (JFS) have partnered to provide free immigration legal services and information to the community through its Higher Education Legal Services (HELs) program. The Higher Education Legal Services (HELs) program is a unique opportunity for students, staff, and faculty at Community Colleges to access personalized Immigration Legal Services from highly qualified legal practitioners. JFS immigration attorneys and Department of Justice representatives are also available at local colleges to provide culturally-competent, trauma-informed, and reliable expertise to the campus community. The link to schedule free immigration legal services is can be found [here](#).

Student Health Services is offering free physicals to students today. Student Health Services is also hosting “Be Calm” workshops on Tuesdays with Linda Gibbins-Croft, LCSW on Zoom, starting at 2:00pm.

### **Office of Resource Development Updates**

The Office of Resource Development, with the support of many across campus, has been hosting visits with community members looking to give back to Mesa students. These visits have included an Alumnus seeking to establish an endowment in support of the Resiliency Fund, another Alumnus and former Trustee who would like to establish a scholarship in honor of a professor who greatly inspired their educational and professional trajectory, and a small business owner who would like to support Mesa students in meeting their basic needs. A huge thank you to all who contributed to making these visits a success!

### **Athletics Updates**

One of our own Mesa College Athletic Trainers, Yuki Matsuzawa, helped save the life of a 66 year old athlete, who collapsed on the field after his event during the annual Senior Games Track Meet held on campus at Merrill Douglas Stadium over the weekend.

The Mesa Women’s Soccer Team defeated Imperial Valley last week, with a score of 9 to 0. The Mesa Football Team also defeated their opponent, East LA, in overtime, with a final score of 33 to 31. The next home game is this Saturday at 6:00pm, vs Long Beach.

### **In the Know**

To stay abreast of the latest news and to find out what’s happening on campus, visit the links below.

- [Mesa College Newsroom](#)
- [Mesa College Events Calendar](#)

Best,  
Ashanti Hands

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Ashanti Hands, Ed.D.

President | San Diego Mesa College

*Creating conditions that matter for our students to succeed!*

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[Mesa College](#) | [Student Support Services](#)

