

Weekly Updates from Prez Hands: June 14, 2023
Sent on behalf of President Ashanti Hands



Hello Mesa College Community,
Weekly Updates from Prez Hands provide a brief overview of the exciting efforts occurring within our community. The updates are also a great way to tell our collective story of success and to document our journey of becoming the Leading College of Equity and Excellence. Enjoy!

Office of the President Updates

Mesa College will proudly fly the Juneteenth Flag on Thursday, June 15, 2023 in honor of the Juneteenth Holiday this Monday.

For the Juneteenth holiday, Mesa is holding two wonderful celebrations. The first is tomorrow, June 15, from 10:00 a.m. – 11:00 a.m. called “Juneteenth: The History and Importance of this Holiday”, held via Zoom. Dr. Thekima Mayasa, Dr. Judy Sundayo, and Professor Starla Lewis will host this event, and it will include a video, stories, and discussion of Juneteenth and the significance to Africans who were finally freed from enslavement in America. To register, please click this link: <https://bit.ly/MesaJuneteenth>.

On Friday, June 16 from 9:00 a.m. – 2:00 p.m. at the SDSU Aztec Student Union, the Mesa College Black Studies Department and Mesa College Committee for Diversity Action, Inclusion, and Equity will host alongside SDSU and the San Diego Chapter of the Association of Black Psychologists a Juneteenth celebration. The event will begin with an Emotional Emancipation Healing Circle in the morning facilitated by Dr. Mayasa and Dr. Sundayo. Following the Healing Circle will be dancers, drummers and other performers, along with an African Drum Call at noon and many food and craft vendors. This event is free and open to the community.

We hope to see you at our Juneteenth events!

Office of Student Services Updates

The EOPS Summer Readiness Program (SRP) is a 4-week program in which students enroll in a Personal Growth 120 (CRN: 31287) class and participate in weekly activities. Students will receive an abundance of supportive services to ensure their academic success. For more information, contact Karla Trutna at ktrutna@sdccd.edu or Angel Aguilar Garcia at aaguilar003@sdccd.edu.



DSPS Camp is a 3-day overview of Mesa College, DSPS Services, workshops, and additional resources. It will be held from August 7 – 9, 2023 from 9:00 a.m. – 12:00 p.m. each day at the High Tech Center located in the Library, room 110. Click here to register: <https://bit.ly/2023DSPSCamp>

Creating Rich Unique Intellectual Student Experiences (CRUISE) aims to prepare and engage new, incoming students through an on-campus experience. Participants will successfully identify resources necessary to excel academically, connect with a Peer Navigator, and get to know other first-year students leading to a sense of belonging. Register for the Summer 2023 CRUISE at <https://bit.ly/SummerCRUISE2023>.

Parent Cafes will continue throughout the summer (6/26, 7/10, 7/17, and 7/31) from 12:00 p.m. – 1:30 p.m. in I4-409A. Attendees can stop by to meet other Mesa student-parents and Mesa employees, and learn about services and programs available to student-parents.

In the Know

For additional information on what is happening on campus and in our community – visit the links below:

1. [Mesa College Newsroom](#)
2. [Mesa College Events Calendar](#)

Best,
Ashanti Hands

Ashanti Hands, Ed.D.

President | San Diego Mesa College

Creating conditions that matter for our students to succeed!

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[Mesa College](#) | [Student Support Services](#)

