

SAN DIEGO
MESA COLLEGE



Program Review

Summary and Reflections with Unit Goals, Action Plans, and Updates

Leadership - Dean, Exercise Science, Health Education and Athletics
Office

Executive Summary

Describe the successes and challenges your unit has faced since the last comprehensive review.

Challenges:

The past few years have been a bit trying in terms of student retention and enrollment, especially since COVID. It seems as though a lot more students are taking online classes at a higher rate and we are noticing less and less students on campus at Mesa. Because of the nature of our programs, we thrive with on campus involvement and this downward trend in on campus course taking patterns has had a real impact on our programs.

Budget challenges have been constant and continue to this day. The national rate of inflation is pushing prices up at a higher rate than our budgets can keep up with, making our dollars worth less and less each year. This was extremely problematic in the area of transportation.

Support personnel are also needed in our area. The following positions/ functions would help our school meet our goals and objectives:

- A 3rd full-time athletic trainer
- Sports Information Specialist
- Equipment attendant
- FT Coaches
- 2nd Athletics Grounds Keeper
- 2nd Athletics Counselor
- Permanent Athletic Retention Technicians

Successes:

- Hired FT EXSC, Men's Basketball coach
- Hired FT EXSC, Softball coach
- Launch of our Aquatics Certificate
- Launch of our Health and Wellness Coaching Certificate
- Opening of the OZone student-athlete study space
- Over \$2.4 million in student-athlete scholarships to transfer institutions
- Dance had two more successful semesters of concerts in the on-campus theater
- New bleachers in the gymnasium-this project also included bathroom upgrades and path of travel improvements to meet ADA standards
- 1st Annual Olympian Olympics

If applicable, describe any major curricular or service changes your unit has engaged in and the impact of those changes since the last comprehensive review.

Our Health and Wellness Coaching certificate is up and running. We are looking forward to further expansion of the program through internship opportunities for our students.

If applicable, describe the impact of any new resources (human, fiscal, etc) on the unit and/or action plan implementation.

Our Athletic Retention Technicians (ARTs) have done an amazing job of engaging with our student-athletes and helping them along their academic journey at Mesa. Additionally, ARTs are staffing our new OZone (student-athlete study area) when they are further deepening their relationships and availability for student-athletes across the program.

Summary and Reflection

If you assess **OUTCOMES**, please confirm that the outcomes have been reviewed for accuracy. If you do not assess Outcomes, skip this question.

Reviewed & Accurate

Related Documents for Charts and Graphs

Executive Summary Complete

Yes

Data Reflection

Trends observed in program/service area's data.

Enrollment Trends:

Dance: Since COVID, our enrollments in dance have steadily increased. 20/21 had enrollments of 487, 21/22 had 488 enrollments, and 22/23 has had 585

EXSC: Since COVID, our enrollments in exercise science have steadily increased. 20/21 had enrollments of 3496, 21/22 had 4581 enrollments, and 22/23 has had 5539

HEAL: Since COVID, our enrollments in health education have varied, but overall increased. 20/21 had enrollments of 1656, 21/22 had 1619 enrollments, and 22/23 has had 1933.

Athletics participation has also increased from approximately 450 student-athletes to over 600 student-athletes engaging in our 19 intercollegiate athletics programs. This is great news, as most of the state experienced significant retraction of participation in their athletics programs, especially on the women's teams.

Describe any equity gaps in the data. Are there differences and/or patterns observed by demographics (e.g. race/ethnicity, gender, age, etc.)

Of our 608 student-athletes that responded, the ethnicity breakdown for athletics is as follows:

African American- 75 (12%)

Asian- 11 (2%)

Filipino- 9 (1%)

Latinx- 230 (38%)

Multi-Ethnicity- 71 (12%)

Native American- 3 (<1%)

Pacific Islander- 6 (1%)

Unknown- 24 (4%)

White- 179 (29%)

Describe the discussion(s) that took place about the unit's learning outcomes assessment data.

N/A

Related Documents for Charts and Graphs

Data Reflection Complete

Yes

Summary and Reflection

Practice Reflection

Describe current practices your program/service area has engaged in that you believe impact the above data trends and equity gaps.

Our Athletic Retention Technicians have made a HUGE impact on our ability to retain our student-athletes.

Our Dance faculty have made efforts to build community and relationships, keeping dance enrollments on a steady incline.

Our Exercise Science faculty have reimagined the ways that EXSC content can be delivered to students... online, hybrid, etc. Resulting in new and exciting courses and modalities for our students to enjoy.

What other factors (internal or external) might also impact the above data trends and equity gaps?

AB 928 will most definitely have a lasting impact on our course offerings, but we are working closely with our state-wide leadership teams (two of which members of our department serve on or are actively engaged) to get ahead of the issue and to be proactive with potential solutions.

Related Documents for Charts and Graphs

Practice Reflection Complete

Yes

Mid-Cycle Updates

Are there any edits or updates to the Executive Summary above?

Are there any edits or updates to the Data Reflection above?

Are there any edits or updates to the Practice Reflection above?

Summary and Reflection

Equity-Centered Professional Development

Unit Goal: Provide equity-centered professional development for all faculty and staff.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- Community - Objective 4: X
- Completion - Objective 1: X
- Completion - Objective 2: X
- Scholarship - Objective 1: X
- Scholarship - Objective 2: X
- Scholarship - Objective 4: X

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p> <p>Action Plan: Goal 1 Action List</p> <ol style="list-style-type: none">1. Change the format of our school and department meetings to include more opportunities for professional development and growth2. Continue to support our faculty in their pursuit for knowledge of best practices and professional growth opportunities. <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025</p>	

Increase Transfer/Completion Rates

Unit Goal: Increase the rate at which our student-athletes complete/transfer.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- Community - Objective 2: X
- Completion - Objective 1: X

Summary and Reflection

- Completion - Objective 3: X
- Completion - Objective 4: X
- Pathways and Partnerships - Objective 1: X

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p> <p>Action Plan: Goal 2 Action List</p> <ol style="list-style-type: none"> 1. Continue to expand on the Coaches' Corner model that was introduced in this academic year (learning from one another) 2. Increase the knowledge of, and access to, transfer advice and planning. This includes educational planning as well as relationships with transfer institutions. <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025</p>	

Expand Dance Program Partnerships

Unit Goal: Expand partnerships with high school and university dance programs in Southern California to establish a true pipeline for our dance students.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- Community - Objective 2: X
- Completion - Objective 1: X
- Completion - Objective 3: X
- Pathways and Partnerships - Objective 1: X
- Pathways and Partnerships - Objective 2: X
- Pathways and Partnerships - Objective 3: X
- Pathways and Partnerships - Objective 4: X

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p>	

Summary and Reflection

Action Plans	Action Plan Update
<p>Action Plan: Goal 3 Action List</p> <ol style="list-style-type: none">1. Continue outreach to our San Diego area high school dance programs in an attempt to create and cultivate lasting relationships that are mutually beneficial for the feeder high school and Mesa Dance.2. Continue to support opportunities to share the great work that is done in our dance department. (Tabling at fairs, outreach events, etc.) <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025</p>	