SAN DIEGO MESA COLLEGE

Program Review

Summary and Reflections with Unit Goals, Action Plans, and Updates

Student Services - International Students Program

2022 - 2027

Executive Summary

Describe the successes and challenges your unit has faced since the last comprehensive review.
To maintain the level of support with the rapid changing of immigration regulations relating to F-1 visas, we adapt and serve our students virtually and on-campus to support their academic goals and needs. International students continued to successfully be a part of the Mesa community with the various services received.

If applicable, describe any major curricular or service changes your unit has engaged in and the impact of those changes since the last comprehensive review.
For the first time in the program history, we are unable to accept international students into the following programs since they moved to fully online courses: Web Development, Multimedia and Real Estate

If applicable, describe the impact of any new resources (human, fiscal, etc) on the unit and/or action plan implementation.
N/A

If you assess OUTCOMES, please confirm that the outcomes have been reviewed for accuracy. If you do not assess Outcomes, skip this question.
Reviewed & Accurate

Related Documents for Charts and Graphs

Executive Summary Complete
Yes

Data Reflection

Trends observed in program/service area's data.
DATA

Applied
Spring 2022 - 27
Fall 2022 - 43
Spring 2023 - 30
Fall 2023 - 46
Spring 2024 - 29
Fall 2024 - 49
Spring 2025 - 28
Fall 2025 – 55

Accepted
Spring 2022 – 17 (6 males, 11 females, 11 countries)
Fall 2022 – 20 (11 males, 9 females, 17 countries)
Spring 2023 - 26
Fall 2023 - 35
Spring 2024 - 21
Fall 2024 – 31
Spring 2025 - 15
Fall 2025 – 24

Current Program Population
2023 - International Students from the 22 countries listed below are represented in our current population of 68 currently attending Mesa:
Argentina, Brazil, Cambodia, Canada, Chile, China, Ecuador, France, India, Indonesia, Italy, Mexico, Mongolia,

Myanmar, Nicaragua, Philippines, Poland, Slovakia, South Korea, United Kingdom, Vietnam, and Zambia
2024 - International Students from the 28 countries listed below are represented in our current population of 62 currently attending Mesa:
Australia, Brazil, Canada, Chile, China, Dominica, Egypt, France, United Kingdom, Greece, Hong Kong, Indonesia, India, Iran, Italy, Jordan, Japan, South Korea, Mexico, Myanmar, Nepal, Philippines, Poland, Thailand, Turkey, Taiwan, Uganda, Vietnam
2025 - International Students from the 30 countries listed below are represented in our current population of 67 currently attending Mesa:

Outgoing University Transfers
Spring 2022 – New School of Architecture, San Diego State University (4), St. Joseph University, UC Berkeley, University of California San Diego (2), University Houston
Fall 2022 – UC Riverside, UCSD
Spring 2023- San Diego State University (4) University of California San Diego (2) University of California, Los Angeles
Fall 2023 – California State University San Marcos, San Diego State University (2)
Spring 2024 – San Diego State University (5) California State University Long Beach, University of California San Diego
Fall 2024 - SDSU, Diablo College, USD, College of San Mateo
Spring 2025 - Grossmont College, CSU San Marcos (2), San Diego State University (2), University of California San Diego, Point Loma Nazarene University (2), University of California Los Angeles, Voorhees University, Berkeley University
Fall 2025 - Grossmont College (2), Irvine Valley College, Clemson University, San Diego State University

Describe any equity gaps in the data. Are there differences and/or patterns observed by demographics (e.g.race/ethnicity, gender, age, etc.)
The International Student Program is in nature a diverse group of students studying abroad in the US and their academic success is nearly 100%.

Related Documents for Charts and Graphs

Describe the discussion(s) that took place about the unit's learning outcomes assessment data.
In looking at previous data regarding the success of our international student orientation, we determined that we needed to increase engagement and interaction within the first week of orientation. Moving forward, the program will offer in person orientation.

The International Student Orientation agenda was revised with intention to be creative, engaging, and comprehensive. We also aim to emerge the incoming class of international student with peer navigators, previous international students and the campus community.

Below are the success rates of our International Orientation Immigration quiz:
Spring 2023: Pre-quiz: 15% and Post quiz: 94%
Fall 2022: Pre-quiz: 13% and Post quiz: 94%
Fall 2023 – Pre-Quiz 46% and Post Quiz 88%
Spring 2024 – Pre-Quiz 44% and Post Quiz 88%
Fall 2024 – Pre-Quiz 22% and Post Quiz 92%
Spring 2025 – Pre-Quiz 22% and Post Quiz 90%
Fall 2025 – Pre-Quiz 49% and Post Quiz 87%

The program continues to have discussions regarding student learning outcomes and the efficiency of our program intake and the overall orientation success.

Summary and Reflection

Data Reflection Complete
Yes

Practice Reflection

Describe current practices your program/service area has engaged in that you believe impact the above data trends and equity gaps.
We assist existing nonimmigrant Mesa students in jeopardy of losing their current visa status by providing the option to become a Mesa F-1 student and facilitating the immigration Change of Status process.

Students abroad facing political unrest and/or come from underrepresented regions of the world seek assistance to enter San Diego Mesa College, and we provide an equity focus approach to make their individual situation successful.

What other factors (internal or external) might also impact the above data trends and equity gaps?
Combine efforts to support orientation with the CRUISE Program and the work from PIER navigators.

Related Documents for Charts and Graphs

Practice Reflection Complete
Yes

Mid-Cycle Updates

YEAR 2 Updates (2023 - 2024)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 2.
No additional updates or edits

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 2.
No additional updates or edits

Review Outcomes Report. Review the unit's outcomes assessment process for 2022 - 2023. Discuss connections to unit goals/action plans/resource requests.
The ISP surveys responses highlight key areas of success and improvement opportunities for supporting international students as they prepare to study, graduate, transfer, or pursue employment. The ISP team uses this information to augment services for them.

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 2.
No additional updates or edits

YEAR 3 Updates (2024 - 2025)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 3.
No additional updates or edits

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 3.
ISP weekly meetings resulting in program updates

Review Outcomes Report. Review the unit's outcomes assessment process for 2023 - 2024. Discuss connections to unit goals/action plans/resource requests.
Survey responses highlight key areas of success and improvement opportunities for supporting international students as they prepare to study, graduate, transfer, or pursue employment. The ISP team uses this information to augment services for them.

Summary and Reflection

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 3.

Current Practices and Their Impact on Data Trends and Equity Gaps:
Our program is actively engaged in addressing equity gaps and supporting international student success through several targeted initiatives. One key practice involves assisting current nonimmigrant Mesa students who are at risk of losing their visa status. We provide them with a pathway to remain enrolled by transitioning to F-1 visa status and guiding them through the immigration Change of Status process. This not only helps retain students who might otherwise be forced to leave their studies but also supports persistence and completion rates among international students.
In addition, we support prospective students abroad—particularly those facing political instability or coming from historically underrepresented regions of the world—by applying an equity-focused, individualized approach. Our office ensures that these students have the guidance and resources needed to successfully apply, enroll, and integrate into Mesa College. These efforts contribute to a more diverse and inclusive campus while addressing global access disparities in higher education.
Additional Internal and External Factors Affecting Trends and Equity Gaps:
Several internal and external factors also influence the observed data trends and equity gaps. Internally, collaboration with programs such as CRUISE and PIER Navigator services strengthens our orientation and transition support. These partnerships help international students build early connections, understand academic expectations, and navigate campus resources, which are critical to their long-term success and engagement.
Externally, changes in immigration policy, global events (e.g., armed conflicts, pandemics), and economic instability in students' home countries can greatly impact international student enrollment and retention. Awareness of these external pressures allows us to adapt our services with empathy and responsiveness, ensuring we continue to close equity gaps and support all students holistically

YEAR 4 Updates (2025 - 2026)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 4.

No additional updates

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 4.

The International Student Program continues to benefit from consistent weekly team meetings, which provide space to review student needs, discuss upcoming federal SEVP changes, and make timely adjustments to services. These meetings support ongoing alignment with departmental goals and ensure rapid response to regulatory shifts affecting F-1 students.

Review Outcomes Report. Review the unit's outcomes assessment process for 2024 - 2025. Discuss connections to unit goals/action plans/resource requests.

Survey and quiz data from Spring 2025 and Fall 2025 highlight strong learning gains and increased student preparedness regarding immigration requirements, academic expectations, graduation procedures, transfer steps, and employment pathways.
Key findings include:

- Significant improvement from pre- to post-quiz scores, with Spring correct answers increasing from 21.5% ? 90.3% and Fall from 49% ? 87.5%.
- Increased baseline knowledge in Fall 2025, likely tied to enhanced pre-arrival communication and digital resources.
- High post-quiz accuracy levels, indicating that the workshops continue to be effective in meeting Student Services Outcomes.
- Increased participation, with total responses rising from 165 (Spring) to 375 (Fall).

These results directly support the ISP's action plans focused on improving student learning, maintaining compliance, and strengthening the transition experience for international students. The data also validate ongoing resource requests related to professional development, technology tools, and staffing support to sustain high-quality advising and workshop delivery.
The data reinforces that the ISP's approach—regular team coordination, updated workshop content, improved communication strategies, and professional development—continues to positively impact international student understanding and success. The outcomes assessment process remains a central tool for program improvement and planning.

Summary and Reflection

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 4.

Using the new information from Spring 2025 and Fall 2025, the ISP team has continued to refine practice in several key areas:

- Enhanced Workshop Delivery: Quiz data confirms that scenario-based learning, visual explanations, and updated content help students grasp complex F-1 regulations more effectively.
- Improved Pre-Arrival Outreach: Higher Fall 2025 baseline scores reflect success in distributing early digital resources and preparing students before their first advising sessions.
- Balanced Virtual and In-Person Services: Continued offering of hybrid formats ensures equitable access and accommodates student travel, scheduling, and comfort levels.
- Targeted Content Review: Areas with persistent post-quiz errors are being identified for deeper explanation in future workshops (e.g., OPT rules, travel documentation).
- Data-Informed Adjustments: The ISP team uses assessment results in weekly planning sessions to guide updates, training needs, and student support priorities.

YEAR 5 Updates (2026 - 2027)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 5.

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 5.

Review Outcomes Report. Review the unit's outcomes assessment process for 2025 - 2026. Discuss connections to unit goals/action plans/resource requests.

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 5.

Collaboration and Compliance

Unit Goal: Continue the collaborative efforts between Admissions and Counseling in coordination of the International Student Program (ISP) to ensure continued compliance with federal and Homeland Security and Student Success mandates while fostering a successful study abroad experience for incoming international students and facilitating campus global awareness while expanding diversity and inclusion.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2026 - 2027

Mapping
Mesa College Strategic Plan: Roadmap to Mesa2030:

- **Completion - Objective 1:** Develop pathways that provide students with clarity about degree, certificate, and transfer requirements. (✓)
- **Completion - Objective 3:** Design and promote programs and services that intentionally target a reduction in equity gaps in completion outcomes (✓)

Action Plans	Updates
Action Plan Status: Active **Action Plan:** 1.Continue to meet weekly to discuss student issues. 2.Continue to monitor Federal and Homeland Security Rules, policies and guidelines to adjust current practices. **Action Plan Cycle:** 2025 - 2026, 2024 - 2025, 2023 - 2024, 2022 - 2023	**Submission Date**: 12/01/2025 **Action Plan Update**: 1.Continue to meet weekly to discuss student issues. 2.Continue to monitor Federal and Homeland Security Rules, policies and guidelines to adjust current practices. **Update Year**: 2025 - 2026 **Action Plan Progress**: On Track **Submission Date**: 07/23/2025 **Action Plan Update**: 1.Continue to meet weekly to discuss and resolve student issues. 2.Continue to monitor Federal and Homeland Security Rules, policies and guidelines to adjust current practices specially as they impact our students and prospective students. **Update Year**: 2023 - 2024 **Action Plan Progress**: On Track **Submission Date**: 11/15/2024 **Action Plan Update**: The successful collaboration and compliance are ongoing to ensure the success of our international students **Update Year**: 2024 - 2025

Unit Goals, Action Plans, and Updates

Action Plans	Updates
	Action Plan Progress: On Track

Departure Workshops

Unit Goal: Offer the Departure Workshop twice per year. It demonstrates tremendous success by ensuring a smooth transition to students who may be transferring, seeking employment, or returning home from their study abroad experience. Additionally, workshop attendees are more likely to petition to graduate, receive their degree, and participate in commencement ceremony.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2026 - 2027

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030:

- **Completion - Objective 1:** Develop pathways that provide students with clarity about degree, certificate, and transfer requirements. (✓)

Action Plans	Updates
Action Plan Status: Active **Action Plan:** 1. Engage potential graduates and motivate them to engage them to participate in the Departure Workshop Event. 2. Collaborate with student services departments for potential workshops. **Action Plan Cycle:** 2026 - 2027, 2025 - 2026, 2024 - 2025, 2023 - 2024, 2022 - 2023	**Submission Date**: 06/16/2026 **Action Plan Update**: 1. Engage potential graduates and motivate them to engage them to participate in the Departure Workshop Event. 2. Collaborate with student services departments for potential workshops. **Update Year**: 2026 - 2027 **Action Plan Progress**: On Track --- **Submission Date**: 12/01/2025 **Action Plan Update**: 1. Engage potential graduates and motivate them to engage them to participate in the Departure Workshop Event. 2. Collaborate with student services departments for potential workshops. **Update Year**: 2025 - 2026 **Action Plan Progress**: On Track --- **Submission Date**: 07/23/2025 **Action Plan Update**: Successfully moving forward with an updated survey

Unit Goals, Action Plans, and Updates

Action Plans	Updates
	Update Year: 2024 - 2025 **Action Plan Progress**: On Track
	Submission Date: 07/23/2025 **Action Plan Update**: No update at this time **Update Year**: 2023 - 2024 **Action Plan Progress**: On Track