

SAN DIEGO
MESA COLLEGE



Program Review

Summary and Reflections with Unit Goals, Action Plans,
and Updates

Student Services - CalWORKs

Executive Summary

Describe the successes and challenges your unit has faced since the last comprehensive review.

Successes:

We have increased our student numbers from 21-22 academic year

Fall 2021: 23 students, Spring 2022: 36 students

Fall 2022: 35 students, Spring 2023: 41 students

Created CalWORKs New Student Onboarding Processes – Students must complete CalWORKs Intake Application, schedule CalWORKs orientation that includes completion of Mutual Responsibility Contract and Release of Info forms before being officially onboarded into CalWORKs Program

All onboarding forms - Intake Application, Mutual Responsibility Contract, and Release of Info have been updated and are now electronic and located in Microsoft Mesa CalWORKs Program One Drive/Teams folder

As of Spring 2023 all counselors have access to CalWIN system which is the San Diego Health & Human Services Agency software that allows us to confirm a student's CalWORKs active status without the Notice of Action or Employment Services Referral forms (previously only coordinator and dean had access)

CalWORKs Program is now open to all students currently receiving CalWORKs services and not just Welfare-to-Work services

Updated CalWORKs website that is more user-friendly and provides clarity with how to sign-up for CalWORKs and reach out to CalWORKs Team

Have 12 laptops available for lending to CalWORKs students

Ordered new office furniture to provide a more welcoming office space for students

Offered a CalWORKs End of the Year Ceremony to recognize student achievements.

Given the changes and growth of the CalWORKs team, CalWORKs hosted a meet and greet for students and campus community to meet the team and to learn about program and services.

<https://www.flickr.com/photos/sdmesa/albums/72177720306989653>

Challenges:

Lost one Counselor Coordinator at end of January 2023, provided opportunity for a different CalWORKs Counselor to serve as Coordinator starting in February 2023.

February 2023-present - 1 coordinator/counselor working 18 hours/week and 1 adjunct counselor working 10 hours/week covering counseling appointments, but not enough appointment slots available (1 newly hired adjunct working 18 hours/week is currently in training)

Not enough counseling/staffing coverage impacting consistency in office hours availability

Office space in transition while we prepare for new office furniture

If applicable, describe any major curricular or service changes your unit has engaged in and the impact of those changes since the last comprehensive review.

More student engagement with educational workshops and events offered:

Fall 2022:

Implemented Parent Cafe Mondays in collaboration with CARE held in-person. Provided \$50 gas cards for CalWORKs student attendees and \$25 meal cards for non-CalWORKs student attendees. All student attendees provided breakfast pastries and beverages.

Welcome Back Event – provided instapots, backpacks, school supplies, gas cards for 24 CalWORKs student attendees

Offered 8 Educational Workshops throughout the semester

1 x \$600 CalWORKs grant disbursement at end of Fall 2023 semester

Holiday Event in collaboration with CARE for students and families

Spring 2023:

Parent Cafe Mondays in collaboration with CARE and The Stand held both in-person and virtual modalities.

Provided \$50 gas cards for CalWORKs student attendees and \$50 meal cards for non-CalWORKs student attendees. All student attendees are provided breakfast pastries, lunch and beverages.

CalWORKs Meet & Greet event with about 35 attendees; 19 CalWORKs students, 6 non-CalWORKs students, 10

Summary and Reflection

faculty/staff

Collaboration with The Old Globe providing opportunity for free theatre tickets to students

Offered 7 Educational Workshops throughout the semester

Gas Card or Meal Card incentive offered at various workshops/events for student attendees in order to provide support for transportation and food

CalWORKs Grants offered twice a semester:

1st - \$300 grant for completion of ITPs

2nd – approximately \$250 grant for having updated ASEP/CSEP on file

Educational Packages:

Spring 2023 Welcome Back Package: backpack, school supplies, \$50 gas card, \$100 grocery card, \$50 bookstore card

March 2023 Educational Package: \$100 Amazon Card, \$100 grocery card, \$100 gas card, \$100 bookstore card

April 2023 Educational Package: \$100 Uber Card, \$100 Gas Card, \$50 Company Kitchen, \$100 Grocery Card

New Hires/Roles:

New Coordinator/Counselor - Grace Aumoeualogo (December 2022)

New Adjunct Counselor – Alondra Gomez (March 2023)

New Project Assistant – Melissa Cabrera (September 2022)

Tabling Opportunities/Networking

Mesa Continuing Education Resource Fair

Jumpstart Resource Fair

Welcome Week Fair

Created social media page

Provide updates on CalWORKs events and workshops

Connecting to other departments on campus

If applicable, describe the impact of any new resources (human, fiscal, etc) on the unit and/or action plan implementation.

Students are increasing engagement with various resources offered.

Counseling faculty are building stronger rapport and connections with students.

Students scheduling more counseling appointments

If you assess OUTCOMES, please confirm that the outcomes have been reviewed for accuracy. If you do not assess Outcomes, skip this question.

Related Documents for Charts and Graphs

Executive Summary Complete

Yes

Data Reflection

Trends observed in program/service area's data.

Instructional Data:

Degree/Certificate of Achievement Completion and/or transfer: 2-3 every academic year

Increase in student numbers each semester since 21-22 academic year

Service/Admin Area:

Increase in booked counseling appointments

Increase in relevant educational workshops

Increase in event engagement (Meet & Greet, Relaxation Massage, Spring Brunch, End-of-Year Celebration, Lunch with a Counselor)

Increase in providing educational packages for students

Increase in student attendees at Parent Cafe by offering modality for both zoom and in-person

Increase in student drop-ins in the office

Summary and Reflection

Describe any equity gaps in the data. Are there differences and/or patterns observed by demographics (e.g. race/ethnicity, gender, age, etc.)

CalWORKs Program serves more female than male students.
Some language barriers – mostly with Spanish and Farsi
Most students are single, head of household parents
Most students identify as BIPOC
Some students are receiving DSPS services

Related Documents for Charts and Graphs

Describe the discussion(s) that took place about the unit's learning outcomes assessment data.

CalWORKs Team weekly meetings to plan events and workshops, offer support, provide updates, team building
Dean and coordinator weekly meetings to ensure CalWORKs students maximizing on receiving supportive services and resources.

Data Reflection Complete

Yes

Practice Reflection

Describe current practices your program/service area has engaged in that you believe impact the above data trends and equity gaps.

Wellness Check Ins: to see how students are doing academically and in their personal life in order to see how our program can best support them.

During Fall semester, students were given 1 gas card each month for attending workshops. Spring semester, students are given 1 gas card per workshop attended.

Parent Café started in Fall with CARE and has expanded collaboration efforts with The Stand. These cafes have helped with identifying student-parents on campus.

What other factors (internal or external) might also impact the above data trends and equity gaps?

Staffing changes have impacted the amount of appointments we have available.

Related Documents for Charts and Graphs

Practice Reflection Complete

Yes

Mid-Cycle Updates

YEAR 2 Updates (2023 - 2024)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 2.

Successes:

We have increased student numbers since 22-23 academic year

Challenges:

Hired a new adjunct counselor that started in July 2023, but lost one month later

Counseling appointments decreased with loss of counselor

Counselors were in charge of taking on project assistant duties from June 2023-October 2023 until new project assistant was hired

Fall 2023: Currently serving 55 students

Switched from CalWIN to CalSAWS which allows us to see active student's county cases if they are out of San Diego County region

Lost a project assist in June 2023 but hired a new project assistant in October 2023 who will continue in Spring 2024

Summary and Reflection

3 students have received laptops to borrow for the semester

Office hours are consistent throughout the week Mon-Thur 9am-5pm, Fri 9am-1pm

New Project Assistant Hire: Guadalupe Mendez provided front desk duties and operations including scheduling counseling appointments, office coverage, answering phones and email correspondences

Spring 2024:

Served 63 students

Maintained new project assistant

Hired new adjunct counselor in January 2024

Office coverage have maintained consistency Mon-Thur 9am-6pm, and Fri 9am-1pm

New adjunct counselor allowed for more appointment availability for students

Identified 3 CalWORKs students and provided CalWORKs Work-Study opportunities in Student Success and Equity Office and STAR TRIO

Summer 2024:

Served 38 students

Hired a second project assistant in July 2024

Office coverage matched Student Services Building hours

Increased student engagement with increased offerings of workshops and events

Fall 2023:

Events/Workshops:

Parent Café dates were changed to Wednesdays from 10am-11:30am for the first 3 Wednesdays of September, October, November in continuous partnership with CARE and The Stand

Provided \$50 gas cards to CalWORKs student attendees and \$25 meal cards for non-CalWORKs/CARE student attendees. All student attendees provided lunch, coffee, and other beverages

Student attendees increased to 20+ weekly from previous Spring 2023 semester of 8-10 student attendees average

CalWORKs Welcome (Back) Meet & Greet event had 44 attendees

Student Parent Family Night event had 46 attendees

Thriving Through Thanksgiving event had 28 attendees

Collaboration with The Old Globe provided 10 showing opportunities for students and their families

Provided a total of 19 workshops and events for CalWORKs students not including Parent Cafe (some workshops and events were in partnership with CARE, The Stand, Student Health Services, Family U)

Transportation Card, Uber Card, Grocery Card, Amazon Card, 72Fifty Card were the incentive cards offered to student attendees

Provided two educational packages tied to completion of CalWORKs requirements:

Welcome/September 2023 - \$100 grocery card, \$100 book card, \$50 Amazon card

October 2023 - \$100 Amazon card, \$100 grocery card

Provided one End-of-Semester CalWORKs Grant tied to completion of CalWORKs requirements: \$250

Tabling/Outreach Opportunities:

Welcome Week

Black Excellence Symposium

Utilized Instagram Page for posting all events and workshops

Spring 2024:

Events/Workshops:

Parent Cafe continued with first 3 Wednesdays February, March, and April from 10am-11:30am with May 2024 providing a special end-of-year Parent Cafe - all in partnership with CARE and The Stand

Provided \$50 Amazon cards for CalWORKs students and \$25 non-CalWORKs/non-CARE students for attendees

Maintained 20+ student attendees at each Parent Cafe workshop

Welcome Back/Meet and Greet had 50 attendees

Counselors and project assistants were provided 4 professional development opportunities through attending

Summary and Reflection

conferences

Inner Child Healing Workshop had 46 attendees

Relaxation Massage had 40 attendees

Student Parent Brunch had 60 attendees

End-of-Year Celebration had 84 attendees

Provided 17 workshops and events for CalWORKs students not including Parent Cafe (most in partnership with The Stand and CARE)

Amazon Card, Transportation Card, and Grocery Card were incentives provided for student attendees

Provided 1 Educational Package for February 2024/Welcome - \$100 bookstore, \$50 Amazon

Provided 1 CalWORKs Grant for May 2024/Completion of all CalWORKs Requirements - \$250

Tabling/Outreach Opportunities:

Welcome Week

Financial Aid Info Fair

Jumpstart/Continuing Education Resource Fair

Summer 2024:

Events/Workshops:

Provided 4 Parent Cafe Workshops with one located at community park for parents and their children providing engagement in outdoor activities and connecting with local community recreational spaces

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 2.

Review Outcomes Report. Review the unit's outcomes assessment process for 2022 - 2023. Discuss connections to unit goals/action plans/resource requests.

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 2.

Counselors have created a strong rapport with many CalWORKs students

Student Parents are fostering strong connections with each other from attending Parent Cafes, Student Parent Healing Circles, Lunch With A Counselor, and Old Globe events

Providing incentive cards for each workshop and event helps support student retention and engagement

YEAR 3 Updates (2024 - 2025)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 3.

Successes:

Continuously increasing our student numbers since 2022-2023 academic year

Challenges:

With increase in student numbers and ensuring students complete their CalWORKs requirements – completing onboarding documents, completing Individualized Training Plans (ITPs), and updating/creating a comprehensive educational plan by our recommended timeframes along with Financial Aid appeals and county support appointments, there are limited counseling appointments available each week

There are 3 adjunct counselors and 1 adjunct counselor/coordinator - one adjunct counselor works 9 hours a week, second counselor works 10 hours a week, third counselor works 15 hours a week, and counselor/coordinator works 20 hours a week but has limited counseling availability due to coordination duties. All of these factors limit availability for counseling appointments with a growing CalWORKs Program.

Fall 2024:

Served 83 students

10 laptops loaned to students

Provided office coverage in sync with Student Services Building hours

CalWORKs Team includes 2 project assistants and 4 adjunct counselors

Increased student engagement with increased offerings of workshops, events, and opportunities

Fall 2024:

4/22/2025

Summary and Reflection

Events/Workshops

Parent Café dates and times continued with Wednesdays from 10am-11:30am for the first 3 Wednesdays of September, October, November and one end-of-semester Parent Cafe in December in continuous partnership with CARE and The Stand. Location changed from previous location of AS Conference Room to new Family Resource Center (FRC) located in the LRC

Provided \$50 Amazon Cards, \$50 Grocery Card, and/or \$50 Transportation Card to CalWORKs student attendees and \$25 meal cards for non-CalWORKs/CARE student attendees. All student attendees provided lunch, coffee, and other beverages

Maintained 25 student attendee average each week

CalWORKs Welcome/ Meet & Greet event had 53 attendees

Student Parent Family Night event had over 100 attendees

Partnered with The Old Globe and was a hosting site for their Fall mobile tour of "As You Like It" play which prioritized CalWORKs students and other student parents and was open to the Mesa College campus community, The Old Globe partners and donors, and members from the community with approximately 200 attendees

Student Parent Holiday Event had approximately 200 attendees

FRC hosted many workshops including the monthly Student Parent Healing Circle

Provided a total of 15 workshops and events for CalWORKs students not including Parent Cafe (many workshops and events were in partnership with CARE, The Stand/Family U and Student Parent Healing Circle in partnership with Student Health Services, CARE, and The Stand/Family U)

Transportation Card, Grocery Card, Amazon Card, 72Fifty Card were the incentive cards offered to student attendees

CalWORKs Incentive Cards provided by Equity Funds, Retention Funds, and Lotto Funds

Hire UP Program provided grants up to \$10,000 for many CalWORKs students in Fall 2024 semester

Identified 5 CalWORKs students and provided CalWORKs Work-Study opportunities in Student Success & Equity Office and STAR TRIO

Provided one educational package tied to completion of CalWORKs requirements:

Welcome/September 2024 - \$100 book card, \$50 transportation, \$50 Amazon card

Provided two CalWORKs Grants tied to completion of CalWORKs requirements: \$150 each grant

Tabling/Outreach Opportunities:

Welcome Week

Latino/a/e Bienvenida! Tabling

Black Student Success Meet & Greet

Samoan Cultural Wellness Wednesday

Financial Aid

Domestic Violence

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 3.

Data Reflection

Instructional Data:

Degree/Certificate of Achievement Completion and/or transfer: 2-3 every academic year

Increase in student numbers each semester since 21-22 academic year

Service/Admin Area:

Increase in booked counseling appointments

Increase in relevant educational workshops

Increase in event engagement (Meet & Greet, Relaxation Massage, End-of-Year Celebration, Family Night, Holiday Event)

Increase in providing educational packages for students

Increase in student attendees at Parent Cafe by offering modality for both zoom and in-person

Increase in student drop-ins in the office

Summary:

Increase in student numbers - 2021-2022 served 40 students. 2022-2023 served 54 students, 2023-2024 served 77

Summary and Reflection

students. Currently in Fall 2024, served 83 students.

Degree/Certificate of Achievement completion in Spring 2024 - 7 graduates

Counselors maintained high level of booked appointments each week

Used end-of-semester student surveys to inform relevant educational workshop offerings and observed an increase in student attendees

Increase in event engagement and doubling of attendee numbers

Continued providing incentive cards for most events and workshops attended

Significant increase in student drop-ins in the office

Review Outcomes Report. Review the unit's outcomes assessment process for 2023 - 2024. Discuss connections to unit goals/action plans/resource requests.

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 3.

YEAR 4 Updates (2025 - 2026)

Provide any edits or updates to the prompts originally documented in the Executive Summary section for Year 4.

Provide any edits or updates to the prompts originally documented in the Data Reflection section for Year 4.

Review Outcomes Report. Review the unit's outcomes assessment process for 2024 - 2025. Discuss connections to unit goals/action plans/resource requests.

Provide any edits or updates to the prompts originally documented in the Practice Reflection section for Year 4.

Unit Goals, Action Plans, and Updates

Program Enrollment and Retention

Unit Goal: Increase student numbers from 37 to 42 and maintain retention of student numbers.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- **Pathways and Partnerships - Objective 3:** Increase community engagement, experiential learning, integrated career planning, and workforce training to prepare students for future careers (X)

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p> <p>Action Plan: 1. Reviewing Parent Cafe Survey data to inform changes to Parent Cafe dates/times 2. Maintain partnerships with CARE and The Stand for Parent Cafes 3. Review End-of-Semester Survey data building upon workshops series topics 4. Host community/family friendly events on campus that celebrates student achievements, engages students and builds their connection with the CalWORKs team, shares support services, and provides incentive cards for engagement 5. Expand relationship with Old Globe to provide opportunities for students to attend plays with an educational and historical component</p> <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025, 2025 - 2026</p>	
<p>Action Plan Status: Completed</p> <p>Action Plan: Student numbers were met for 2022-2023 academic year</p> <p>Action Plan Cycle: 2022 - 2023</p>	

Increase Appointment Availability

Unit Goal: Increase appointment availability through hiring new counselor for Fall 2023.

Unit Goals, Action Plans, and Updates

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- **Completion - Objective 2:** Develop cross - functional teams that support student success and include integrated career and transfer counseling. (X)

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p> <p>Action Plan: 1. Increase counseling appointment availability to provide academic, career, personal, and CalWORKs related counseling services 2. Hiring an additional adjunct counselor and a project assistant to further provide access and availability to counseling support services and resources 3. Increasing office hour coverage with additional hired support for more opportunities allowing students to schedule appointments</p> <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025, 2025 - 2026</p>	

Increase Outreach

Unit Goal: Increase outreach efforts to promote CalWORKs Program support services.

Goal Status: Active

Beginning Year: 2022 - 2023

Projected Completion Year: 2025 - 2026

Mapping

Mesa College Strategic Plan: Roadmap to Mesa2030: (X - Highlight the X to Align)

- **Community - Objective 3:** Build a culture of communication that is evidence based, race conscious, institutionally focused, systemically aware, and equity advancing (X)

Action Plans	Action Plan Update
Action Plan Status: Active	Submission Date: 12/03/2023

Unit Goals, Action Plans, and Updates

Action Plans	Action Plan Update
<p>Action Plan: 1. Outreach and inreach opportunities throughout the semester by tabling, district announcements, website, social media promotion, flyers, communications through canvas, email, partnerships</p> <p>2. Purchasing of promotional items to give to students</p> <p>2. Providing work-study opportunities to students during 2023-2024 academic year by identifying students interested in CalWORKs work-study positions on campus who meet criteria for employment and working closely with Financial Aid Federal Work-Study coordinator to build partnership</p> <p>Action Plan Cycle: 2022 - 2023, 2023 - 2024, 2024 - 2025, 2025 - 2026</p>	<p>Action Plan Update: 1. Outreach and inreach opportunities throughout the semester by tabling, adding events to Mesa Calendar, adding event updates to President's Weekly updates, social media posts and stories, flyers distributed around campus, communication through Canvas and email.</p> <p>2. Providing promotional items for attendees at Meet & Greet event, Family Night event, tabling events, classroom presentations, and the Joint School Meeting</p> <p>3. Providing CalWORKs Work-Study opportunities for students by identifying project assistant positions on campus and identifying CalWORKs students that meet the Federal Work-Study eligibility</p> <p>Update Year: 2023 - 2024</p> <p>Action Plan Progress: On Track</p>

Program Enrollment and Retention

Unit Goal: Increase number of students from 55 to 65

Goal Status: Active

Beginning Year: 2023 - 2024

Projected Completion Year: 2025 - 2026

Action Plans	Action Plan Update
<p>Action Plan Status: Active</p>	

Unit Goals, Action Plans, and Updates

Action Plans	Action Plan Update
<p>Action Plan: 1. Review Parent Café Survey data each semester to inform necessary changes to Parent Café dates/times and/or location based on growth</p> <p>2. Maintain partnerships with CARE and The Stand for Parent Cafes</p> <p>3. Review End-of-Semester survey data each semester in order to build upon workshop topics, improve quality of student services provided, better inform most beneficial incentive cards, increase events offered, and create new events</p> <p>4. Create events centered on student parents and their families throughout the semester that engages students and builds their connection with the CalWORKs team, shares CalWORKs support services, celebrates student achievements, and provides incentive cards for engagement</p> <p>5. Expand relationship with Old Globe to provide opportunities for students to attend plays with an educational and historical component throughout the semester</p> <p>6. Maintain partnership with CARE, The Stand, Family U student representative, and Student Health Services that provide a monthly Student Parent Healing Circle</p> <p>Action Plan Cycle: 2023 - 2024</p>	