

**CAREER  
CENTER**

The **Career Center** offers career counseling for students exploring program of study/major and/or career choice. We also offer assistance with job search. Specific services include:

- career assessments
- resume critiques
- interview skills
- industry exploration
- job postings
- workshops
- job fairs
- career educational plans

[www.sdmesa.edu/career-center](http://www.sdmesa.edu/career-center)

**Location:** I4-306

**Hours:**  
M-TH 8:00am-6:00pm  
F 8:00am-3:00pm

**Phone:** (619) 388-2777

**CHILD  
DEVELOPMENT  
CENTER**

The **Child Development Center** offers educational programs for children two to five years old. Childcare is offered to students and working parents.

**Location:** R-100 Bldg., corner of Armstrong St. & Mesa College Dr.

**Hours:**  
M-TH 7:30am-4:00pm  
F 7:30am-12:00pm

**Phone:** (619) 388-2812

**DISABILITY  
SUPPORT  
PROGRAMS &  
SERVICES**

**DSPS** assists students with verified disabilities by offering support programs and services. To request services go to the DSPS office, call or visit their website at [www.sdmesa.edu/dsps](http://www.sdmesa.edu/dsps) where you can view an orientation.

**Location:** I4-405

**Hours:**  
M-TH 8:00am-6:00pm  
F 8:00am- 3:00pm

**Phone:** (619) 388-2780  
**TTY:** (619) 388-2409

**EXTENDED  
OPPORTUNITY  
PROGRAMS &  
SERVICES**

**EOPS** serves a diverse student population and offers support to low-income and first generation college students who need support to succeed academically. Visit our website at [www.sdmesa.edu/eops](http://www.sdmesa.edu/eops)

**Location:** I4-309

**Hours:**  
M-TH 8:00am-6:00pm  
F 8:00am-3:00pm

**Phone:** (619) 388-2706

**FINANCIAL AID  
PROGRAMS**

Many types of financial aid are available for students who qualify. Students seeking financial assistance should apply immediately in order to be considered for aid.

Go to [www.fafsa.gov](http://www.fafsa.gov) and complete the Free Application for Federal Student Aid or complete the California Dream Act Application at <https://dream.csac.ca.gov>

**Location:** I4-107

**Hours:**  
M-TH 8:00am-7:00pm  
F 8:00am-3:00pm

**Phone:** (619) 388-2817

**LEARNING  
RESOURCE  
CENTER  
(in the Library)**

The **LRC** provides a vast resource of research information and learning experiences for students wanting to improve their academic skills or augment in-class activities. [www.sdmesa.edu/library](http://www.sdmesa.edu/library)

(The LRC is home to the Mesa Tutoring & Computing Centers: Writing Center; Language Center; Math & Science Tutoring; DSPS High Tech Ctr.)

**Location:** LRC Bldg.

**Hours:**  
M-TH 7:00am - 10:00pm  
F 7:00am - 5:00pm  
Sat 8:30am - 4:00pm

**Phone:**  
Library (619) 388-2695  
Audiovisual (619) 388-2690  
MT2C (619) 388-2769  
\*call for Summer hours

**TRANSFER  
CENTER**

The **Transfer Center** provides resources and services to plan for a successful transfer to a 4-year college or universities. These include: college catalogs, articulation agreements and information, visits by university representatives, application assistance, transfer guarantee programs, transfer educational plans and workshops. [www.sdmesa.edu/transfer-center](http://www.sdmesa.edu/transfer-center)

**Location:** I4-306

**Hours:**  
M-TH 8:00am-6:00pm  
F 8:00am-3:00pm

**Phone:** (619) 388-2473

**PERSONAL GROWTH COURSES**

*For more information please call (619) 388-2672*

**PERG 120 - College Success and Lifelong Learning**

This course covers success strategies to enhance academic and lifelong learning skills. Students explore topics such as motivation and attitudes, values, goals setting, decision making skills, as well as other techniques designed to maximize their abilities as lifelong learners. This course is transferable to the CSU, UC, and private institutions.

**PERG 130 – Career and Life Planning**

This course is designed to assist students with self-exploration, career transitions, and career-life planning to achieve success in a diverse society. Critical thinking skills are utilized through a systematic approach to career development by examining the following: values, life roles, personality type, personal self-management, decision making, and goal setting throughout the life span. This course is transferable to the CSU, UC, and private institutions.

**PERG 140 – Life Skills and Personal Adjustment**

This course emphasizes gaining mastery in self-esteem and compassion, self discipline, self responsibility, self assertion, and living a consciously balanced life in pursuit of defined educational, career, and life goals. This course is transferable to the CSU, UC, and private institutions.

**HOURS AND SERVICES ARE SUBJECT TO CHANGE - PLEASE CALL THE OFFICE YOU WISH TO VISIT.**

**TUTORIAL SERVICES**

[www.sdmesa.edu/academics/academic-support-programs/tutoring](http://www.sdmesa.edu/academics/academic-support-programs/tutoring)

	<b>Mesa College Tutoring and Computing Centers (MT2C)</b>	<b>DSPS TUTORING</b> (not available during Summer 2017)	<b>STAR TRIO PROGRAM</b>
Services	Individualized tutoring sessions 24/7 Online Writing Tutoring w/NetTutor Workshops on a variety of subjects	Individualized academic support and tutoring for DSPS students	Individual tutoring by appointment Limited walk-in tutoring
Location	<ul style="list-style-type: none"> <li>LRC 1<sup>st</sup> Floor: General Tutoring/Computing</li> <li>LRC 2<sup>nd</sup> Floor: Writing &amp; Languages</li> <li>LRC 4<sup>th</sup> Floor: Math/Science/Computing</li> </ul>	DSPS High Tech Center – LRC 110	I4-308 (Student Services building, 3 <sup>rd</sup> floor)
Eligibility	<b>All Mesa Students</b>	Must be a <b>DSPS</b> student and currently enrolled in Mesa College courses	Mesa students must meet federal <b>TRIO</b> eligibility criteria
How to Apply	Go to our website for writing appointments or walk in for other subjects <a href="http://www.sdmesa.edu/writingcenter">www.sdmesa.edu/writingcenter</a>	Visit the High Tech Center or contact the DSPS Office in I4-405	Applications are available in I4-308 or on-line at <a href="http://www.sdmesa.edu">www.sdmesa.edu</a>
Hours of Operation	M-TH: 9 AM – 8 PM F-S: 9 AM – 2 PM *Call for summer hours	M-TH: 8 AM – 4 PM W: 8 AM – 6 PM F: 8 AM – 12 PM	M-TH: 8 AM – 6 PM F: 8 AM – 3 PM
Additional Services	Class visits for students/faculty Available reference materials First come, first served for Math & Science Appointments for Writing & Languages		Counseling, financial aid assistance, computers, printing, free supplies, calculator loans
Contact	Sandee Hollen (Math & Science walk-in services) (619) 388-2898 <a href="mailto:sahollen@sdccd.edu">sahollen@sdccd.edu</a>  Niko Crumpton (Writing & Language apptmts.) (619) 388-5049 <a href="mailto:ncrumpton@sdccd.edu">ncrumpton@sdccd.edu</a>	Erika Higginbotham (619) 388-2893  <a href="mailto:ehigginb@sdccd.edu">ehigginb@sdccd.edu</a>	Marichu Magana & Thuan Le (619) 388-2481 (Star Trio) <a href="mailto:mmagana@sdccd.edu">mmagana@sdccd.edu</a> <a href="mailto:tle@sdccd.edu">tle@sdccd.edu</a>

**\* \* \* \* ALL SERVICES ARE FREE \* \* \* \***

Hours and services are subject to change, please call to verify.