

# SAN DIEGO MESA COLLEGE Career Center

# Welcome

In the 2016-2017 academic year,  
the Career Center accomplished the following:

- Hosted a spring and fall job fair with over 100 participating employers
- Awarded 18 internship stipends, up to \$3,500 each, to students who pursued meaningful, unpaid internships through work experience classes — made possible through the CTE Enhancement fund
- Launched a new job and internship board called “*The Mesa Job Network*” which currently houses over 450 employers and 660 local job/internship postings

All of these initiatives and results would not be possible without the tireless work and ongoing support from the San Diego Mesa College family. Our sincere appreciation goes to our entire team, staff, faculty, campus partners, students, employers, and the local community, who play a momentous and crucial role, as Mesa continues to launch our students into their future career goals.

## STAFF

- Claudia Estrada-Howell  
*Supervisor*
- Olivia Picolla  
*Student Services Assistant*
- Deborah Salazar  
*Student Services Assistant*
- Alicia Lopez  
*Senior Student Services Assistant*
- Gity Nematollahi  
*Senior Student Services Assistant*
- Danielle Short  
*Student Services Technician*

## CAREER COUNSELORS:

- Camille Harris, M.A.
- Raquel Sojourner, M.A.
- Cynthia Cordova, M.S.
- Mary Garcia, M.Ed.
- Shawn Fawcett, M.S.

## San Diego Mesa College Career Center

Student Services Building, 14-306 · 619-388-2777

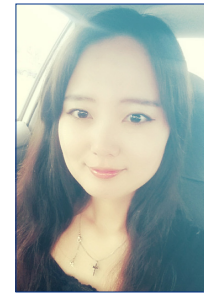
[www.sdmesa.edu/career-center](http://www.sdmesa.edu/career-center) · [mesacareer@sdccd.edu](mailto:mesacareer@sdccd.edu)

As the leading college of equity and excellence, the **San Diego Mesa College Career Center** delivers outstanding career development opportunities for our students. It is our goal for Mesa College to become a national leader in providing career services by ensuring that local employers are aware of the talent, passion, and drive that characterize our Mesa students.

**Andrew Stenson**

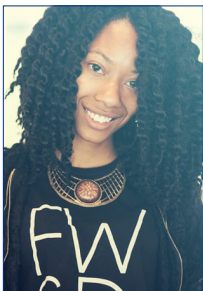
Major: *Physical Therapist Assistant, Part-time paid internship*  
 Internship: *The Rehab Group*  
[www.therehabgroupinc.com](http://www.therehabgroupinc.com)

My summer internship was a positive experience. I gained work experience in a specific career field and received insight on what to expect. I feel that this program gave me a foundation which I can now build on to continue to improve my career skills.

**Gyeongmin Ryu**

Major: *Fashion Design, Part-time paid internship*  
 Internship: *Five Loaves Two Fish*  
[www.fiveoavestwofishclothing.com](http://www.fiveoavestwofishclothing.com)

I had a great experience completing my summer internship. I had never worked in this area before which I am now majoring in. I took every task as a valuable experience. While learning in the classroom is important, I felt that what I learned in my internship has allowed me to grow and prepared me even more to achieve my goal.

**Crystal Crawford**

Major: *Fashion Design, Part-time paid internship*  
 Internship: *Fashion Week San Diego*  
[www.fashionweeksd.com](http://www.fashionweeksd.com)

I interned for Fashion Week San Diego and learned so much in a few short months. FWSD is a traditional fashion week with a year round agenda and annual runway shows the first week of October. Every day was different and that was one of my favorite things. I assisted with fashion events as big as hundreds of people to as small as 15. I, along with 7 other interns, helped FWSD to run smoothly. We created and posted content for social media, and I was selected to help with the important task of finding partners. This allowed me to work closely with and learn from the founder, Allison Andrews. Overall, I am more than satisfied with the experience I have gained as well as the connections I have made from being an intern with Fashion Week San Diego.

**Claire Pham**

Major: *Computer Programming, Part-time paid internship*  
 Internship: *Ticktbox Enterprises LLC*  
[www.ticktbox.com](http://www.ticktbox.com)

I definitely recommend the summer internship program to anyone! Being able to intern in the same field as your aspiring career path definitely gives you a first-hand experience of how your future career will be! I learned so much through hands-on experience and from my coworkers that will stick with me for years to come. After completing this program, I feel more prepared to work in a professional work environment and look forward to entering the work force!

**Arabella Bardakjian**

Major: *Medical Assisting, Part-time paid internship*  
 Internship: *Rheumatology Center of San Diego*  
[www.rheumsd.com](http://www.rheumsd.com)

Completing the summer internship program has been an excellent opportunity to build my resume and to support the transition from being a graduate of the Medical Assisting program to becoming a professional in the workplace. I appreciate the support San Diego Mesa College offered post-graduation. I feel more prepared to begin my career in Medical Assisting after completing the summer internship program.

**Levar Johnson**

Major: *Fashion Design, Part-time paid internship*  
 Internship: *Diana Cavagnaro Couture Millinery*  
[www.dianacavagnaro.com](http://www.dianacavagnaro.com)

My internship consisted of photography, videography and editing with Diana Cavagnaro couture millinery. I learned a lot about editing, and was able to produce a variety of videos for Diana to post on her social media website to increase interest in millinery and her puppy lambchop. What I liked most was the learning experience and the video I made for her Universe fashion show at comic-con. What I liked least was the confusing beginnings of trying to get the internship started, but the staff helped me out immensely and walked me through until the process was streamlined for the next lucky interns. I'll be interning again with Diana since I liked it so much!

**Marcella Covarrubias**

Major: *Medical Assisting, Part-time paid internship*  
 Internship: *Otay Ranch Eyeworks*  
[www.oreyeworks.com](http://www.oreyeworks.com)

The Summer Internship program was a wonderful experience for me. I was able to work in a medical specialty that I had no previous experience in and met wonderful people at my internship site. I learned quite a bit about optometry, and I was able to get hands on experience in pretesting patients for eye exams and learning about medical insurances. I feel grateful to have had the opportunity to participate in the Summer Internship program because it helped me to be better prepared in the medical field. I look forward to see where my career is headed after finishing school.

**Dorian Lopez**

Major: *Dental Assisting, Part-time paid internship*  
 Internship: *Dean Van Nguyen Family Dentistry*  
[www.laserimplantdental.com](http://www.laserimplantdental.com)

This summer internship program was a great opportunity and experience. I was able to gain more experience in my career field and interact with people who have the same career passion as me in the workplace. I definitely feel more prepared to start a new job in my career field. I learned so much from everyone around me. I would recommend this summer internship to anyone.