



7250 Mesa College Drive, San Diego, CA 92111

SAN DIEGO MESA ATHLETIC TRAINING PROGRAM

ATHLETIC TRAINING:

The San Diego Mesa Athletic Training Program has between 8-10 Athletic Training Students and two fulltime Certified Athletic Trainers. The Training Room cares for 20 Men's and Women's athletic teams including football. Training room hours are usually 10am-6:30 pm daily.

AFFILIATED SITE FOR SAN DIEGO STATE UNIVERSITY

San Diego Mesa is an affiliated site for San Diego State University Athletic Training Curriculum Program. Approximately 30-35 students are accepted into the program each year. Other affiliated sites include USD, Grossmont, and UCSD. The application period for the SDSU Athletic Training Program is in March each year.

INDEPENDENT STUDY

Mesa College Students with an interest in Athletic Training may be able to acquire AT experience in the training room if spots are available. Openings in this area will vary each semester. Contact Sue Lalicker.

WHAT CLASSES YOU NEED TO TAKE AT MESA:

- P.E. 242 Care and Prevention of Injuries
- Bio 230 Human Anatomy
- P.E. 290 Independent Study in the Athletic Training Room
- GPA. 2.50 minimal

CONTACTS:

Mesa Head Athletic Trainer: Sue Lalicker (619) 388-2421 slalicke@sdccd.edu
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SDSU Program Director: Marcia Klaiber (619) 594-4094 mklaiber@mail.sdsu.edu